^{1.1} The Word of life was from the beginning. We have listened to it, we have seen it with our eyes, we observed it and our hands touched it. ² Life was made known and we have seen it. And we are revealing and are declaring to you the eternal life which was with the Father and was made known to us. ³ That which we have seen and listened to, we also declare to you so that you might also have communion with us. Our communion is now with the Father and with his Son, Jesus Christ. ⁴ We are writing these things so that our joy might be filled up.

⁵ This is the message which we have listened to from him and announce to you: The Creator is light and there is no darkness in him.

⁶ If we say we have communion with him and are walking in the darkness, we are lying and are not practicing the truth. ⁷ But if we are walking in the light, just as he is in the light, we have communion with each other and the blood of Jesus, his Son, purifies us from all selfishness. ⁸ If we say we have no selfishness we are deceiving ourselves and the truth is not in us. ⁹ If we publicly declare our selfishness, he is faithful and righteous so that he might release our selfishness and purify us from all unrighteousness. ¹⁰ If we say we have not been selfish, we are making him a liar and the truth is not in us.

^{2.1} My little children, I am writing these things to you so that you may not be selfish and if anyone might be selfish we have a helper with the Father, righteous Jesus Christ. ² He is the means of release concerning our selfishness—not concerning ours only, but also concerning the whole cosmos.

³ We know that we have known him, if we treasure his commands. ⁴ Whoever says, "I have known him," and yet is not treasuring his commands, is a liar and the truth is not in this one. ⁵ But whoever might treasure his Word, the love of the Creator has truly been completed in this one. By this we know we are with him: ⁶ Whoever says he remains with Jesus, is obligated to walk in the same way that Jesus walked.